

# Dobong-gu Family Center JUNE Program Guide

## [Family Relations Support Division]

### <Family Counseling Team>

#### ◎ Family Counseling

- Date: Whole year
- Target: Families seeking for counseling
- Contents: Family counseling, individual counseling, before and after divorce counseling, child counseling, pregnancy and childbirth conflict counseling-Free counseling: Individual counseling 6 sessions of/counseling for 2- or more person 10 sessions (Seoul Family Counseling Support Project)
- Provide face-to-face/non-contact/video/phone counseling
- Inquiries: Ext. 201,202,203

#### ◎ Marriage check-up

- Date: Whole year
- Target: Couples who want to check their relationship
- Contents: Create a healthy marital relationship through regular marital relationship checkup, and check marital relationship through an objective measurement tool.
- Inquiries: Ext. 201,202,203

#### ◎ Language development support service

- Date: Whole year
- Target: Multicultural children below 12 years old, children of foreigners and North Korean defectors
- Content: Language development evaluation and education for children of multicultural families
- Inquiries: Ext. 204,205

#### ◎ Parent coaching program for multicultural families "Talk to my heart"

- Date: June, every Tuesday & Wednesday
- Target: Multicultural children and parents
- Contents: Relieve parenting stress through group counseling with parents, practice therapeutic play and promote language development. Enhance interaction with children through play practice.
- Inquiry: Ext. 204,205

#### ◎ Language development parent education ~ (First half of the year)

- Date: June 8 (Wed.) 15:00-17:00
- Target: Parents with multicultural children aged 2-3
- Contents: Education on how to play with children to promote their language development at home.
- Inquiries: Ext. 204,205

### <Case Management Team>

#### ◎ Strengthening family capabilities & Case management

- Date: Whole year
- Target: Families with (grand) children below 100% of the median income(Low-income, single parent, single mother/father, North Korean defector, multi-cultural family, adolescent parent)
- Contents: Support for children's learning emotions, emergency child care, psychological and emotional support, etc.
- Inquiries: Ext. 206,207,208

#### ◎ Small business and family business

- Date: April~November
- Target: Operating a store in Dobong-gu or A family living in Dobong-gu who runs the store
- Contents: Support for disinfective products, family communication check, support for family culture experience, provide customized information and link with resources, etc.
- Inquiry: Ext. 206

#### ◎ Family function recovery support project

- Date: May~December
- Target: Families wishing to restore the function of the original family
- Contents: Interview negotiation, parent/child counseling, parent-child relationship improvement program, living support service, follow-up care
- Inquiry: Ext. 213

## [Integrated Family Support Division]

### <Child Rearing Support Team>

#### ◎ Child care support project

- Date: Whole year
- Target: Children aged 3 months to 12 years old
- Contents: Providing childcare services to dual income families with childcare gaps.
- Inquiries: Ext. 801, 802

## [Multicultural Family Support Division]

### ◎ Bilingual Environment Creation Program

- Date: All year round
- Target: Multicultural children
- Contents: We provide support for children to establish a healthy identity and grow into global talents by creating an environment where they can naturally communicate into 2 languages from infancy at home.
- Inquiries: Ext. 407

### ◎ Multicultural Family Language Playground (Vietnam, Chinese, Japan language)

- Date: April-November 2x a month(16 sessions )
- Target: Spouse and Multicultural family
- Content: Spouse's Native language and culture
- Inquiries: Ext. 407

### ◎ Multicultural Family Together with spouse program

- Date: April-November (5 times in total)
- Target: Multicultural family couple
- Contents: A program to improve marital relations in multicultural families. Various couple activities, understanding of cultural differences, etc.
- Inquiries: Ext. 407

### ◎ Marriage immigrant's Translation and interpretation service

- Date: All year round
- Target: Multicultural families
- Contents: Support for various interpretation and translation services for marriage immigrants, communication between family members and emergency support in crisis situations, etc. Accompanying interpretation is available too.
- Inquiries: Ext. 402

### ◎ Support for multicultural children to prepare for school 'Learn everything'

- Date: March - December 1-3X a month
- Target: preschool children, elementary 1-3 graders
- Contents: Basic Hangeul class (Hangeul letters · vowels, reading and writing words), basic math class (numbers, arithmetic operations, shapes) School life guidance class
- Inquiries: Ext. 404

### ◎ Multicultural children's emotional stability and Career employment support project 'Approach'

- Date: March-November Once a week
- Target: Multicultural school-age children aged 7 to 18
- Contents: Individual counseling and emotional support for multicultural school-age children, inducing learning motivation through mentoring of college students in connection with professional institutions for career and job search.
- Inquiries: Ext. 403

### ◎ Multicultural children's future design program 'Say mama'

- Date: March-November Once a week
- Target: Multicultural families, elementary school students
- Content: 3 countries (Vietnam, China, Japan) Reinforcement of language ability and multicultural sensitivity of marriage immigrants in their mother's country
- Inquiries: Ext. 403

### ◎ Korean Language Education

- Date: March~June, Every
- Target: Marriage immigrants and immigrated children
- Contents: Online Korean Language Education (TOPIK beginner, Intermediate Advanced, Child study guide, Local culture understanding course)
- Inquiries: Ext. 405

### ◎ Korean Language Study

- Date: April-November
- Target: Marriage immigrants in early entry
- Contents: 1~2X a week Korean volunteer service together with Korean study up to 1:3 offline
- Inquiry: Ext. 405

### ◎ Marriage Immigrant Early Adaptation Program

- Date: Twice a month
- Target: Marriage immigrants who have acquired f-6 visa
- Contents: Resolving difficulties experienced by marriage immigrants in the early stages of entry through mentoring, Basic Law and Order/ Information on adaptation to Korean society/ Mutual understanding between families
- Inquiries: Ext. 408

### ◎ Group counseling by nationality 'Draw'

- Date: June 3 (Fri) - 17 (Fri) / 10:00 - 12:00 (3 sessions)
- Target: Married immigrants within 5 years of entry
- Contents: A group counseling program for each nationality that relieves longing for the homeland from which they left based on story therapy.
- Inquiries: Ext. 401

### ◎ Multicultural family visiting education

- Date: Whole year ( 2 times a week)
- Target: Marriage immigrants living in Korea for less than 5 years, children who entered mid-term, Immigrated children, Children aged 3 to 12 years
- Contents: Provides 1:1 customized Korean language education through home visits, parent education during pregnancy, infancy, and childhood, and daily life services for children of multicultural families.
- Inquiry: Ext. 401

### ◎ Changdeokgung Palace Moonlight Tour

- Date: June 17 (Fri) / 20:00~21:40
- Target: Multicultural families with school-age children
- Contents: A cultural experience program where you can visit Changdeokgung Palace at night with a professional commentator and enjoy traditional art performances.
- Inquiries: Ext. 401

### ◎ A program together with Multicultural family mother-in-law

- Date: June ~ November (4 sessions in total)
- Target: Multicultural family parents-in-law
- Contents: Multicultural family relationship improvement program such as communication with marriage immigrants and various activities.
- Inquiries: Ext. 406

## Family Community Support Department

### <1-Person Household Support Team>

#### ◎ 1-person household counseling 'Solo Counseling Center'

- Date: Whole year
- Target: (preliminary) single-person household
- Contents: (preliminary) Counseling for psychological and emotional support of single-person households (Once a week, 50 minutes, 6 sessions free)
- Inquiry: Ext. 501

#### ◎ 1-person household group counseling 'Standing alone'

- Date: April~May
- Target: (preliminary) single-person household
- Contents: Small group counseling for a healthy single-person households to stand alone (Youth, middle-aged, female, male)
- Inquiries: Ext. 501

#### ◎ 1-person household gathering 'Bongrangchae'

- Date: April~October
- Target: (preliminary) single-person household
- Contents: Various cultures of single-person households · Self-help group leisure activity cost support (selected by 5 groups)
- Inquiries: Ext. 502

#### ◎ One-person household program 'Dobong Kitchen'

- Date: June
- Target: 1-person household
- Contents: for a healthy summer A cooking activity program for a healthy summer.
- Inquiries: Ext. 501

#### ◎ Soon to be couples class in June

- Date: June 18, 25 (Sat.)
- Target: Couples planning to get married or interested in living in Seoul.
- Contents: Educational program for preparing for marriage for soon to be couples.
- Inquiries: Ext. 503

### <Caring community team>

#### ◎ Co-parenting Sharing Center

- Date: Whole year
- Target: caregivers and children
- Contents: Providing a safe space for childcare using a shared childcare sharing center, Recruitment and support of activities for the caregiver community
- Inquiry: No.1(Changdong branch)Ext.301, No.2(base) Ext. 302, No.3(Banghak branch)Ext.303, No.4(Dobong branch) Ext. 304, No.5(Ssangmun Branch)Ext.305, No.6(Chang 2-dong) Ext.306

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Dobong-gu Family Center

### \*Location/Direction

- Phone no.: 02-995-6800
- FAX: 02-995-6014
- Location: 2nd floor, Dobong-gu Community Center (Seoul, Dobonggu Dobong-gu 552 )

※ Due to the COVID-19 virus, the schedule is subject to change.

